

Spectracell: Where and how to have blood drawn

To Find a Draw Station

Go to <http://www.spectracell.com/patients/find-a-drawsite/>

Put in your zip code to find a site near you. Note: some sites have kits on hand, however call them to be sure they are stocked before going. This is the most up to date

Hospital Draw Stations

You can go to any hospital outpatient lab. Preferred hospitals are St. Barnabas and Morristown Memorial Hospital.

ST. BARNABAS AMBULATORY CARE CENTER
94 Old Short Hills Road, Livingston, NJ 07039
973-322-5466 - Please call for operating hours.

MORRISTOWN MEMORIAL HOSPITAL
100 Madison Avenue, Morristown, NJ 07960
973-971-5000 – Please call for operating hours.

****Have blood drawn Monday through Thursday.** Blood cannot sit over the weekend.**

Spectracell LPP = blood lipids, hormones, cardiometabolic or genetic tests

- Bring kit if you go to a site with no kits. Freeze pack to include in kit.
- Fast overnight (10-12 hours) for LPP, (lipids)
- Bring form with ICD10 codes, insurance information and payment – you must fill out the form I sent you completely with all insurance information and provide a copy of your insurance card along with payment.
- When you go to hospital, or draw site to have blood drawn, have them read the directions in the kit.
- They can mail kit in enclosed Fed Ex pack. Shipping label is included

Spectracell Micronutrient, Genetic or Telomere Tests

- Bring kit if you go to a site with no kits
- No need to fast
- You can take the test at any time of the day
- You can take all of your usual supplements and medications
- Bring form with ICD10 codes, insurance information and payment – you must fill out the form I sent you completely with all insurance information and provide a copy of your insurance card along with payment.
- When you go to hospital or draw site to have blood drawn, have them read the directions in the kit.
- They can mail kit in enclosed Fed Ex pack. Shipping label is included

YOU MUST FILL OUT THE FORMS COMPLETELY, ENCLOSE A COPY OF YOUR INSURANCE CARD AND PAYMENT UPFRONT OR YOU WILL BE BILLED GULL PRICE. THE TESTS WILL NOT BE RUN IF THE FORM IS FILLED OUT AND TIMING IS CRITICAL.